Tentative Meet schedule

Note that this schedule may change, depending upon entries but that a final schedule will be put out once the meet is seeded.

| Time | Event |
|------|--------------------------------|
| 5:45 | Coaches Meeting |
| | |
| 6:00 | Star Spangled Banner |
| | |
| 6:15 | 800m Open Girls - section 1 |
| 6:20 | 800m Open Boys - section 1 |
| 6:25 | 800m Open Girls – section 2 |
| 6:30 | 800m Open Boys – section 2 |
| | |
| 6:35 | 1600m Open Girls – section 1 |
| 6:45 | 1600m Open Boys – section 1 |
| 6:55 | 1600m Open Girls – section 2 |
| | |
| 7:25 | 800m Girls – (fast) section 3 |
| 7:35 | 800m Boys – (fast) section 3 |
| | |
| 7:45 | 3200m Girls |
| 8:00 | 3200m Boys |
| | |
| 8:15 | 1600m Girls – (fast) section 3 |
| 8:30 | 1600m Boys – (fast) section 2 |