

## **AOC Distance Night**

Wednesday, March 26, 2025

Assumption Green (start time 6pm)

*AOC Distance Night is a distance only meet that provides an opportunity for each athlete to run a fast early season time in a fun, festive event setting. While hosted at the Assumption Green, this meet is a result of the collaborative efforts of Assumption and Oldham County HSs.*

Below is preliminary information about this meet. As we get closer to January 2025, more complete information will be posted.

**Entries:** entry submission is expected to run through Athletic.net

**Entry fees:** there is no team entry fee

**Entries:** all athletes should be entered in their respective race (one race per athlete), the 800, 1600 or 3200. Once entered, Milesplit should list that athlete in terms of the athlete's personal best performance in that event. After the meet's entry deadline passes, we will seed all athletes into sections on the basis of each athlete's personal best performance in that event. Sections will run slow to fast, with the fastest races of the night run at the end of the meet.

*Coaches are also strongly advised to check that the performances listed for their athletes by Milesplit are correct and reflective of what each athlete is capable of running.*

**Entry deadline:** Saturday, March 22, at 11:59pm

**Pre-Meet communication:** Coaches are **strongly advised** to check their email regularly in the days leading up to the meet so that they are aware of any announcements regarding the meet. We will do our best to also post announcements at Milesplit, but the primary means of communicating meet information will be via email to coaches.

**Gate Admission:** \$5 adults, kids of HS age and below are free

Please note that admission is being charged to cover the cost of our meet timer and starter, and that tickets will be sold through an online ticket service (a purchasing link is forthcoming).

**Awards:** TBA

**Questions:** please direct questions to Coach Barry Haworth (bmhaworth@louisville.edu).